N95 Mask Fit Test Instructions

At least two weeks prior to having an N-95 Mask Fit Test performed by STCC SIMS Staff, please make sure you have completed the following:

FIRST: Please complete this electronic form that will be reviewed by the STCC Health and Wellness Center Coordinator. It is submitted automatically upon completion. Please allow up to two weeks for processing. OSHA Respirator Medical Evaluation Questionnaire Health and Wellness E-FORM: https://tinyurl.com/y3ffsrr

➢ Access your E-FORM before going to be fit-tested to confirm you have been medically cleared: https://tinyurl.com/ya5vfakl
   ➢ Subsequent Medical Evaluations are required whenever the following events occur:
     ● More than 3 years have passed since last evaluation, or
     ● The individual reports symptoms related to their ability to use a respirator, or
     ● Staff/faculty determine that a medical re-evaluation is necessary

SECOND: Reviewing these two educational videos is recommended annually:
1) Respirator Fit Testing (11:59) and
2) Respirator Safety Donning (Putting on) and Doffing (Taking off) and User Seal Checks (9:17)

If above video links do not work you can find them via link: https://www.osha.gov/video/

Choose: Respiratory Protection

PLEASE NOTE:
- N-95 Mask Fit-Testing is an ANNUAL REQUIREMENT which may need to occur more frequently due to product availability.
- Current OSHA Fit Test Forms from other facilities may be acceptable
- Facial hair will interfere with the ability to get a good seal. Individuals must be clean shaven where the respirator seals to the face for fit testing or when wearing the respirator.