Health Requirement Checklist available here: stcc.edu/healthservices

Physical Therapist Assistant Program (PTAS.AS)

Health records (e.g. forms, vaccination, lab/imaging reports, etc.) may be submitted as follows:

- **In Person** ........... Health & Wellness Center, Building 19, Room 177
- **Online** ............. STCCNet Dropbox Direct link: tinyurl.com/27ychwv2
- **Fax** ........... (413) 755-6045
- **Release Request** . tinyurl.com/y4y4ruuo

Due within 10 days of acceptance

☐ **CORI Acknowledgement Form** – Bring valid identification to the health services office or have form notarized and submit online. Form and instructions: tinyurl.com/stcc-cori. Required annually in order to register for classes.

Due prior to July 1st or upon acceptance (if after July 1st)

☐ **Student Health History Form** - Complete the form at tinyurl.com/b7fdjh7v
☐ **Auth. to Release Info. to Fieldwork Sites Form** - Complete the form at tinyurl.com/y34eglyt
☐ **Technical Standards Acknowledgement Form** - Complete the form at tinyurl.com/y4hdp3m4
☐ **Multiple Policies Acknowledgement Form** - Complete the form at tinyurl.com/y5xc4yu4

☐ **Physical Exam Attestation Form** – Must be on the required form (click here to print), completed by a licensed clinician and exam dated within 1 year of the program start. Schedule your subsequent exam since it is required every 1.5 - 2 years. The program’s Physical Exam Form is the only form that can satisfy this requirement!

☐ **Tuberculosis Screening** - Results must be dated within 6 months of course start and ANNUALLY thereafter. Choose either…
  ➢ Option A: ☐ Quantiferon-TB Gold Plus or T-SPOT IGRA blood test.
    ● Recommended for BCG-vaccinated individuals.
  ➢ Option B: **TWO** Tuberculin Skin Tests
    ☐ 1st PPD is planted and read 48-72 hours later **AND**
    ☐ 2nd PPD is planted 7-21 days after the 1st and read in 48-72 hours (to rule out a false negative)
    ● Only a single plant is required for subsequent annual renewal.

Screened positive for tuberculosis? Submit the positive result, a chest x-ray report completed at the time of the positive result and complete the Positive TB Screening Questionnaire.

Immunization/Immunity Records:

☐ **COVID-19** - primary vaccine series required for fieldwork. STCC will put forth a best effort to accommodate placement of an unvaccinated student but this is without guarantee. A student who is unable to be placed will not be able to matriculate in their program of study. A booster dose (according to CDC guidelines) may also be required.

☐ **tetanus, diphtheria and pertussis (TDaP)** - vaccine must have been administered within the past 10 years

☐ **measles, mumps, rubella (MMR)** - 2 dose vaccine series OR titer results showing immunity

☐ **hepatitis B** - ☐ immune titer lab report (surface antiBODY, anti-HBs)

  AND ☐ 3-dose hepatitis B vaccine series (or 2-dose if HEPLISAV-B™)

☐ **varicella (chickenpox)** - 2 dose vaccine series OR titer results showing immunity

☐ **meningitis** - For students age 21 and younger taking 12 credits or more, 1 dose MenACWY(formerly MCV4) vaccine administered on/after 16th birthday; OR complete a Meningitis Waiver at tinyurl.com/y6svra7b
Health Requirement Checklist  Physical Therapist Assistant Program (PTAS.AS)
(continued from the previous page)

Additional Requirements:
☐ Influenza - one vaccine dose is required by October 1st for fieldwork participation during the flu season (Oct 1-March 31). Required documentation: Name, date of birth, date administered, manufacturer, LOT number and name of administering clinic or clinician.
☐ Background Check and Drug Screening - Students will receive ordering instructions from compliance@stcc.edu approximately 60-90 days prior to fieldwork start date. Refer to Screening Policy for Fieldwork Placement.
☐ American Heart Association BLS Provider (CPR & AED) Certification: completed during first semester curriculum. Certification must remain current throughout the program and submitted no later than January 15th.
https://ecards.heart.org/student/myecards
☐ N-95 Mask Fitting: Students participating in lab and/or fieldwork may be required to complete annual respirator training, medical evaluation and fit testing. If required, instructions will come from the program.

For more information, contact the Health & Wellness Center at stcc.edu/healthservices.

Understanding your titer (antibody serology) results
➢ Positive/Reactive means you have immunity.
➢ Negative/Non-Reactive/Indeterminate/Equivocal:
  ☐ measles, mumps, rubella – presumptive immunity if appropriate vaccination is on file. Subject to change per MA DPH/CDC. Healthcare Personnel Vaccination Recommendations: immunize.org/catg.d/p2017.pdf
  ☐ hepatitis B – not immune even with documentation of appropriate vaccination.

Next steps:
1. Submit surface antiBODY/titer/anti-HBs lab result report.
2. Submit documentation of all vaccine doses administered in lifetime and dose after the negative titer.

Completing a full series? The 2-dose HEPLISAV-B™ (by Dynavax) followed by a titer 8 weeks after final dose takes only 3 months to complete. The 3-dose series followed by a titer 4 weeks after final dose takes 7 months.

Students are encouraged to obtain/complete the immunity requirements when applying to the program. By doing so, upon acceptance, the student will be able to meet the deadlines. Record submission deadlines are set forth by the Dean of the School of Health and Patient Simulation and must be submitted on time. Failure to meet the requirements set forth may result in removal from the program. When a student is in the midst of a vaccination, the Health Requirements Deadline Extension Request form may be completed. Students may be excluded from clinical fieldwork (on or off campus) until all requirements and/or deadline extension terms have been met.
# Student Physical Exam Attestation – Physical Therapist Assistant Program (PTAS.AS)

(This form is required for students in the Physical Therapist Assistant program, within the School of Health & Patient Simulation.)

## Student Name

Please review the Programmatic Technical Standards (listed on the reverse side of this form), prior to performing the physical exam. These list the essential functions of practical work on campus and fieldwork off campus. It should be noted that under the Americans with Disabilities Act, “A qualified person with a disability is one who can perform the essential function of a job with or without reasonable accommodation.”

### Programmatic Technical Standards – Physical Therapist Assistant

(see reverse side for Programmatic Technical Standards)

---

### STUDENT DISPOSITION

Based on your examination findings and the Programmatic Technical Standards please indicate the disposition of the student:

- [ ] Cleared for all classroom/lab/fieldwork participation without restriction
  
  I have examined the above-named student and reviewed the Programmatic Technical Standards. The student does not present apparent clinical contraindications to fully participate in the program as outlined on this form.

- [ ] Cleared for participation with the following restrictions/recommendations
  
  Note: Any listed restrictions/recommendations will be reviewed by the College to determine whether there are accommodations that can be made to assist in meeting the technical standards. Students with a qualifying disability under the Americans with Disabilities Act are encouraged to register with the STCC Office of Disability Services (ODS) to determine their eligibility for reasonable accommodations under the law. ODS is located in Building 19, Room 141 and can be reached at (413) 755-4785:

  [ ]

- [ ] Not Cleared
  
  Reason:________________________

**Examination Date:** _____/_____/

**Clinician:**

<table>
<thead>
<tr>
<th>(Print Name)</th>
<th>(Signature)</th>
<th>(Date)</th>
<th>(Office Phone)</th>
</tr>
</thead>
</table>

Please return completed form to student and/or fax to (413) 755-6045.
Psychomotor Abilities that enable the student to:

- Maintain and assume a variety of positions including sitting for up to 2 hours continuously, frequent standing, walking, bending, squatting, kneeling, stair climbing, reaching forward, reaching overhead, turning, and movement of the trunk and neck in all directions.
- Work in a clinical setting for 8 to 10 hours a day.
- Perform manual material handling and manipulation of various sizes and weights including lifting and transferring patients, guarding patients during gait training on level surfaces/uneven surfaces/ramps/stairs, pushing and pulling to provide resistance and to assist in maneuvering patients. Specific requirements include:
  - The ability to safely lift up to 50 pounds independently and 200 pounds with assistance as with patient transfers.
  - The ability to safely push and pull up to 200 pounds.
- Apply therapeutic agent modalities that may have manual, visual, and/or audible controls such as ultrasound, electrotherapy and traction.
- Apply resistance to limbs and body movements of patient while maintaining own balance.
- Set up and use therapeutic exercise devices for patient.
- Independently perform some aspects of emergency patient care, such as Cardiopulmonary Resuscitation (CPR).
- Legibly record/document patient progress notes in medical records.

Sensory Abilities that enable the student to:

- Inspect condition of skin, including color, temperature, moisture, and texture.
- Observe posture, facial expression, and quality and speed of movement.
- Be able to execute the correct procedure to monitor blood pressure and pulse readings.
- Palpate anatomical structures.
- Adjust and monitor equipment controls.

Communication Abilities that enable the student to:

- Use oral or written forms of the English language for expression during communication with faculty, staff, members of the healthcare team, patients, families and peers in the educational, clinical and community environments.
- Receive and interpret oral and written forms of the English language.
- Communicate effectively, professionally and appropriately through email.
- Receive and interpret visual information, such as body language and movement.
- Record in writing information expressed orally by an individual.
- Express one’s self in the written English language, including completing written assignments and maintaining written records.
- Complete reading assignments.
- Use therapeutic communications appropriately, such as attending, clarifying, coaching, facilitating, and touching.
- Demonstrate cultural sensitivity in patient care and community environments.

Cognitive Abilities that enable the student to:

- Comprehend, organize, prioritize, memorize, analyze and synthesize information from scientific and clinical sources.
- Recognize two- and three-dimensional relationships, particularly those occurring in anatomical structures.
- Recognize relative direction, speed, and consistency in human movement.
- Use computer applications for searching, recording, storing, and retrieving information.
- Search for scientific literature.
- Apply information and complete decision-making and problem-solving tasks in a timely manner.
- Apply creative and intuitive processes.
- Participate in multiple tasks simultaneously.
- Recognize the psychosocial impact of dysfunction and disability.

Affective Abilities that enable the student to:

- Exhibit appropriate professional conduct and to represent the profession effectively in a variety of educational, clinical, and community settings.
- Demonstrate appropriate behaviors and attitudes in order not to jeopardize the emotional, physical, mental, and safety of patients and other individuals in academic and clinical settings.
- Establish and maintain professional, trusting, and empathetic relationships with a variety of individuals.
- Demonstrate respect for individual differences and to engage in non-judgmental interactions regardless of lifestyle, culture, or medical status.
- Comply with the ethical standards of the American Physical Therapy Association.
- Work effectively in groups and to meet external deadlines.
- Fulfill commitments and to be accountable for actions and outcomes.
- Maintain general good health, self-care, and hygiene in order not to jeopardize the health and safety of self and individuals with which one interacts.
- Assess personal strengths and weaknesses.
- Develop personal goals and to follow through to achieve them.
- Develop self-confidence and self-motivation.
- Use positive coping skills in circumstances perceived as stressful.

These functions were adapted from the technical and essential standards from the Doctorate of Physical Therapy Programs from Springfield College, Springfield, Massachusetts and American International College, Springfield, Massachusetts.