Health Requirement Checklist available here: stcc.edu/healthservices

Respiratory Care Program (RSPC.AS)

Health records (e.g. forms, vaccination, lab/imaging reports, etc.) may be submitted as follows:

- **In Person** ............... Health & Wellness Center, Building 19, Room 177
- **Online** .................. STCCNet Dropbox Direct link: tinyurl.com/27ychwv2
- **Fax** ....................... (413) 755-6045
- **Release Request** ...... tinyurl.com/y4y4ruuo

Due within 10 days of acceptance

☐ CORI Acknowledgement Form – Bring valid identification to the health services office or have form notarized and submit online. Form and instructions: tinyurl.com/stcc-cori. Required annually in order to register for classes.

Due prior to July 1st or upon acceptance (if after July 1st)

☐ Student Health History Form - Complete the form at tinyurl.com/b7fdjh7v
☐ Auth. to Release Info. to Fieldwork Sites Form - Complete the form at tinyurl.com/y34eglyt
☐ Technical Standards Acknowledgement Form - Complete the form at tinyurl.com/yxs6nrnk
☐ Multiple Policies Acknowledgement Form - Complete the form at tinyurl.com/y34eglyt
☐ Physical Exam Attestation Form - Must be on the required form (click here to print), completed by a licensed clinician and exam dated within 1 year of the program start. Schedule your subsequent exam since it is required every 1.5 – 2 years. The program’s Physical Exam Form is the only form that can satisfy this requirement!

☐ Tuberculosis Screening - Results must be dated within 6 months of course start and ANNUALLY thereafter. Choose either…
  ➢ Option A: ☐ Quantiferon-TB Gold Plus or T-SPOT IGRA blood test.
    ● Recommended for BCG-vaccinated individuals.
  ➢ Option B: **TWO** Tuberculin Skin Tests
    ☐ 1st PPD is planted and read 48-72 hours later AND
    ☐ 2nd PPD is planted 7-21 days after the 1st and read in 48-72 hours (to rule out a false negative)
    ● Only a single plant is required for subsequent annual renewal.

Screened positive for tuberculosis? Submit the positive result, a chest x-ray report completed at the time of the positive result and complete the **Positive TB Screening Questionnaire**.

Immunization/Immunity Records:

☐ COVID-19 - primary vaccine series required for fieldwork. STCC will put forth a best effort to accommodate placement of an unvaccinated student but this is without guarantee. A student who is unable to be placed will not be able to matriculate in their program of study. A booster dose (according to CDC guidelines) may also be required.

☐ tetanus, diphtheria and pertussis (TDaP) - vaccine must have been administered within the past 10 years
☐ measles, mumps, rubella (MMR) - 2 dose vaccine series OR titer results showing immunity
☐ hepatitis B - ☐ immune titer lab report (surface antiBODY, anti-HBs)
  AND ☐ 3-dose hepatitis B vaccine series (or 2-dose if HEPLISAV-B™)
☐ varicella (chickenpox) - 2 dose vaccine series OR titer results showing immunity
☐ meningitis - For students age 21 and younger taking 12 credits or more, 1 dose MenACWY(formerly MCV4) vaccine administered on/after 16th birthday; OR complete a Meningitis Waiver at tinyurl.com/y6svra7b
Health Requirement Checklist  Respiratory Care Program (RSPC.AS)
(continued from the previous page)

Additional Requirements:
☐ **Influenza** - Due by October 1st for second year students participating in fieldwork during the flu season (Oct 1-March 31). Required documentation: Name, date of birth, date administered, manufacturer, LOT # and name of administering clinic or clinician.
☐ **Background Check and Drug Screening** - 60-90 days prior to fieldwork start, students will receive ordering instructions from compliance@stcc.edu. Refer to [Screening Policy for Fieldwork Placement](#).
☐ **American Heart Association BLS Provider (CPR & AED) Certification**: completed during second semester curriculum. Submit AHA ecard immediately following certification - must remain current throughout the program. [https://ecards.heart.org/student/myecards](https://ecards.heart.org/student/myecards)
☐ **N-95 Mask Fitting**: Students participating in lab and/or fieldwork may be required to complete annual respirator training, medical evaluation and fit testing. If required, instructions will come from the program.

For more information, contact the Health & Wellness Center at [stcc.edu/healthservices](http://stcc.edu/healthservices).

To learn more about these health requirements, watch the "Allied Health Students Enrolled in Programs with a Fieldwork Component" video, available at [stcc.edu/compliance](http://stcc.edu/compliance).

Understanding your titer (antibody serology) results
- Positive/Reactive means you have immunity.
- Negative/Non-Reactive/Indeterminate/Equivocal:
  - **measles, mumps, rubella** – presumptive immunity if appropriate vaccination is on file. Subject to change per MA DPH/CDC. [Healthcare Personnel Vaccination Recommendations](https://immunize.org/catg.d/p2017.pdf)
  - **hepatitis B** – not immune even with documentation of appropriate vaccination.

**Next steps:**
1. Submit surface antiBODY/titer/anti-HBs lab result report.
2. Submit documentation of all vaccine doses administered in lifetime and dose after the negative titer.
3. Complete [Health Requirement Deadline Extension Request](#) and state whether your plan is to complete a full series or booster. Provide estimated date of second titer. [Pre-exposure Management for Healthcare Personnel with a Documented Hepatitis B Vaccine Series Who Have Not Had Post-vaccination Serologic Testing](https://immunize.org/catg.d/p2108.pdf)

**Completing a full series?** The 2-dose HEPLISAV-B™ (by Dynavax) followed by a titer 8 weeks after final dose takes only 3 months to complete. The 3-dose series followed by a titer 4 weeks after final dose takes 7 months.

Students are encouraged to obtain/complete the immunity requirements when applying to the program. By doing so, upon acceptance, the student will be able to meet the deadlines. Record submission deadlines are set forth by the Dean of the School of Health and Patient Simulation and must be submitted on time. Failure to meet the requirements set forth may result in removal from the program. When a student is in the midst of a vaccination, the Health Requirements Deadline Extension Request form may be completed. Students may be excluded from clinical fieldwork (on or off campus) until all requirements and/or deadline extension terms have been met.

*End of checklist*
Health and Wellness Center · Building 19, Room 177 · Phone (413) 755-4230 · Fax (413) 755-6045

Student Physical Exam Attestation – Respiratory Care Program (RSPC.AS)

(This form is required for students in the Respiratory Care program within the School of Health & Patient Simulation.)

<table>
<thead>
<tr>
<th>STUDENT NAME</th>
<th>DATE OF BIRTH</th>
<th>STCC ID#</th>
</tr>
</thead>
</table>

Please review the Programmatic Technical Standards (listed on the reverse side of this form), prior to performing the physical exam. These list the essential functions of practical work on campus and fieldwork off campus. It should be noted that under the Americans with Disabilities Act, “A qualified person with a disability is one who can perform the essential function of a job with or without reasonable accommodation.”

Programmatic Technical Standards – Respiratory Care (see reverse side for Programmatic Technical Standards)

Based on your examination findings and the Programmatic Technical Standards please indicate the disposition of the student:

- [ ] Cleared for all classroom/lab/fieldwork participation without restriction
  
  I have examined the above-named student and reviewed the Programmatic Technical Standards. The student does not present apparent clinical contraindications to fully participate in the program as outlined on this form.

- [ ] Cleared for participation with the following restrictions/recommendations
  
  Note: Any listed restrictions/recommendations will be reviewed by the College to determine whether there are accommodations that can be made to assist in meeting the technical standards. Students with a qualifying disability under the Americans with Disabilities Act are encouraged to register with the STCC Office of Disability Services (ODS) to determine their eligibility for reasonable accommodations under the law. ODS is located in Building 19, Room 141 and can be reached at (413) 755-4785:

- [ ] Not Cleared
  
  Reason: __________________________________________

Examination Date: ____/_____/____

Clinician: __________________________________________

Please return completed form to student and/or fax to (413) 755-6045.
COMMUNICATION
1. Communicate verbally using clear and effective English
2. Write legibly in clear and effective English using correct grammar, punctuation and spelling
3. Quickly and accurately comprehend and follow verbal instructions in English
4. Quickly and accurately read, comprehend and follow written instructions in English
5. Actively participate in group discussions
6. Use communication equipment – telephone, computer, other device used for communication

PHYSICAL SKILLS
1. Possess fine and gross skills sufficient to handle equipment and provide safe and effective patient care.
2. Exert maximum physical force to lift, push, pull or carry objects up to 50 pounds (oxygen cylinders, beds, patients, or any other type of equipment such as ventilators.
3. Move quickly, freely and safely around the assigned work area and patient care settings
4. Sustain professional activities for up to 8 or more hours
5. Remain standing up to 8 or more hours
6. Remain sitting up to 8 or more hours
7. Reach above shoulder level (to manipulate equipment)
8. Reach below waist level (to manipulate equipment)
9. Move upper and lower extremities, back, hips, and knees without restriction - bend, stoop, and squat
   Keep hand and arm steady while moving arm or while holding arm and hand in one position
10. Make precisely coordinated movements of the fingers of one or both hands to grasp, manipulate, or assemble very small objects
11. Capable of walking up and down stairs in order to respond to emergency situations

OBSERVATION AND SENSORY SKILLS
1. Hear, comprehend and interpret conversation and sounds not solely based on visual cues (including alarms, monitors, faint sounds, such as heart and breath sounds, taking blood pressure)
2. Ability to see details at close range (within a few feet of the observer) and at a distance.
   a) Function efficiently in various degrees of light, from dark to bright lighting
   b) Differentiate colors, varying shades of same color, and shades of black, white and gray
   c) Read fine print and hand writing
3. Detect and distinguish odors from clients and environment
4. Distinguish textures, degrees of firmness, temperature differences, pulse rate and vibrations; feel anatomical landmarks and veins
5. Distinguish and describe patient affect, body language and physical responses which the patient cannot verbally relay (i.e. facial expressions, sweating, trembling, color change, bleeding, etc.)