“Residents are having more access to fresh food and it makes a huge difference in people’s lives.”

TAMMY RYAN, MARKET MANAGER

The Farmers Market at Springfield Technical Community College, now open on Wednesdays, is a collaboration between the college and community organizations, offering fruit and vegetables grown at locally owned farms. The market features fresh produce, prepared foods, crafts, and live music.

SPRINGFIELD

Fresh, affordable food for all

BY NATASHA ZENA
Special to The Republican

Springfield Technical Community College’s farmers market has returned, marking its fourth year in working with local organizations to bring fresh, affordable produce to the Upper Hill neighborhood.

Market

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as well.

“Traditionally, it’s a way to support farmers because it’s a very precarious profession,” Ryan says. “If people purchase a box then the farmer has money straight (away) and they know how much they’re going to make.”

New additions at the market this year also include vegan offerings and a vendor who will offer consultations on going vegan. Veganism has risen in popularity in the last few years, with “The Econo-mist” dubbing 2019 “the year of the vegan,” reporting that a quarter of 25- to 34-year-old Americans say they are vegans or vegetarians.

The market takes place in between buildings 2 and 13 on the STCC campus on Wednesdays from 11:30 a.m. to 2 p.m.