

DAAPP RESOURCES

On-Campus Resources for Faculty and Staff

- Employee Assistance Program – 24/7/365, free, confidential counseling support. 1-800-451-1834, or access resources at: [AllOneHealthEAP](#)
- Human Resources located in Building 16, Room 257; 413-755-4361.

On-Campus Resources for Students

- Office of the Vice President of Student Affairs, Building 19, Room 261-263.
- River Valley Counseling Center – STCC students wishing to connect with substance abuse treatment services available through River Valley Counseling Center's Recovery Support Space program in Chicopee may call 413-755-4332, or email dcforton@stcc.edu to schedule an initial referral session with David Forton, MS, LMHC, Intake Specialist. *To be eligible, students must carry health insurance.*
- Uwill – STCC has partnered with Uwill Student Mental Health and Wellness to provide students with free access to teletherapy. Students have an immediate, secure, and convenient way to receive online-based counseling services whenever the need arises. For more information and to get started with teletherapy, please visit [Uwill](#). If you need assistance when using Uwill, contact them directly at 833-998-9455 or support@uwill.com. *No insurance or payment is required.*
- Treatment covered by student health insurance: Massachusetts General Laws, Chapter 15A, 7B (St. 1988), Chapter 23, 22, and 117 Code of Massachusetts Regulations Section 3.04 require that students certify their participation in a qualifying student health insurance program, or in a health benefits program with comparable coverage. Students who do not possess adequate medical insurance must purchase the Massachusetts community college student health insurance plan, Gallagher Student Health & Special Risk. This plan provides the benefits related to drug and alcohol abuse. A detailed description of benefits for the treatment of mental disorders, including substance abuse, is available on the Gallagher Student Health website: www.gallagherstudent.com/STCC. The web site has been designed to provide information about the Student Injury and Sickness Insurance Plan for STCC students.

Off Campus Resources

Crisis Resources (free and confidential)

- **988 Lifeline (24/7):** call, text or chat 988; deaf, hard of hearing, hearing loss services also available by videophone 988lifeline.org
- **National Crisis Text Line (24/7):** text or chat 741-741 crisistextline.org

Alcoholics Anonymous (AA) Meetings

<https://www.aa.org/>

Bureau of Substance Addiction Services (BSAS)

State government office in Boston, MA.

Address: 250 Washington Street, Boston, MA 02108

Phone: 617-624-5111 Massachusetts Substance Abuse Helpline: 1-800-327-5050 or text “HOPE” to 800327

Website: <https://www.mass.gov/orgs/bureau-of-substance-addiction-services>

Website: <https://helplinema.org/>

Behavioral Health Network

Various residential and outpatient recovery programs for opioid and alcohol addiction located throughout Western Massachusetts.

Address: 417 Liberty Street, Springfield, MA 01104

Phone: 413-301-9355; BHN's 24-hour crisis line: 413-733-6661

Website: <https://www.bhninc.org/>

- **BHN Carlson Recovery Center & Unity Place South**
Carlson Recovery Center provides intensive residential treatment for substance abuse, and Unity Place South provides a residential treatment program for adults with both substance abuse and mental health challenges.
Address: 471 Chestnut Street, Springfield, MA 01107
Phone: 413-301-9355
Website: <https://www.bhninc.org/location/471-chestnut-street>
- **BHN Center for WellBeing – Springfield South**
Opioid and alcohol addiction outpatient treatment center in Springfield, MA.
Address: 395 Liberty Street, Springfield, MA 01104
Phone: 413-272-1333
Website: <https://www.bhninc.org/location/395-liberty-street>
- **BHN Center for WellBeing – Westfield**
Services for individuals and families dealing with mental health and substance use challenges. Serving children, youth, adults and families in Spanish or English in Westfield, MA.
Address: 77 Mill Street, Westfield, MA 01085
Phone: 413-568-6141
Website: <https://www.bhninc.org/location/77-mill-street>
- **BHN City Clinic**
Medication assisted treatment programs for opioid use disorder and outpatient management of alcohol use disorder in Holyoke, MA.
Address: 235 Maple Street, Holyoke, MA 01040
Phone: 413-532-0389
Website: <https://www.bhninc.org/location/235-maple-street>
- **BHN Cole's Place**
Long-term residential treatment program that supports men and nonbinary (18 years of age and older) with their recovery goals after medical and clinical stabilization.
Phone: 413-301-9355
Website: <https://www.bhninc.org/residential-recovery>
- **BHN Crisis & Urgent Care Services**
Same day urgent care services, seven days a week, as well as 24-hour crisis assessment and stabilization for urgent mental health or addiction needs in Springfield.
Address: 417 Liberty Street, Entrance B, Springfield, MA 01104
Phone: 413-301-9355 (24 hours a day)
Website: <https://www.bhninc.org/crisis>
- **BHN Holyoke Transitional Support Services**
Short-term residential treatment program for men and nonbinary (18 years of age and older) in recovery.
Phone: 413-301-9355
Website: <https://www.bhninc.org/residential-recovery>
- **BHN Mount Tom Center for Mental Health & Recovery**
Outpatient mental health and substance abuse program in Holyoke, MA.
Address: 40 Bobala Road, Holyoke, MA 01040
Phone: 413-536-5473
Website: <https://www.bhninc.org/location/40-bobala-road>

- **BHN My Sister's House**
Long-term residential treatment program that supports women and nonbinary (18 years of age and older) with their recovery goals after medical and clinical stabilization. Priority placement is offered to pregnant and postpartum women parenting babies.
Phone: 413-301-9355
Website: <https://www.bhninc.org/residential-recovery>
- **BHN Opportunity House**
Long-term residential treatment program that supports men and nonbinary (18 years of age and older) with their recovery goals after medical and clinical stabilization.
Phone: 413-301-9355
Website: <https://www.bhninc.org/residential-recovery>
- **BHN Springfield Center**
Long term residential treatment program offering a structured and comprehensive rehabilitative environment that supports men, women, and nonbinary (18 years of age or older) with their recovery goals after medical and clinical stabilization.
Phone: 413-301-9355
Website: <https://www.bhninc.org/residential-recovery>

Caring Health Center

Comprehensive, culturally competent substance abuse recovery programs and support groups.

Address: 1049 Main Street, Springfield, MA 01103

Phone: 413-739-1100

Website: <https://caringhealth.org/>

CleanSlate Outpatient Addiction Medicine

Outpatient treatment of opioid and alcohol addiction.

- **CleanSlate – Belchertown**
Opioid or alcohol addiction outpatient treatment center in Belchertown, MA.
Address: 211 State Street, Unit C, Belchertown, MA 01007
Phone: 833-505-4673 or 413-725-4214
Website and online chat: <https://www.cleanslatecenters.com/belchertown-massachusetts>
- **CleanSlate – Holyoke**
Opioid or alcohol addiction outpatient treatment center in Holyoke, MA.
Address: 306 Race Street, 2nd Floor, Holyoke, MA 01040
Phone: 833-505-4673 or 413-650-0590
Website and online chat: <https://www.cleanslatecenters.com/holyoke-massachusetts>
- **CleanSlate – Springfield**
Opioid or alcohol addiction outpatient treatment center in Springfield, MA.
Address: 1985 Main Street, Suite E, Springfield, MA 01103
Phone: 833-505-4673 or 413-736-1458
Website and online chat: <https://www.cleanslatecenters.com/springfield-ma>
- **CleanSlate – West Springfield**
Opioid or alcohol addiction outpatient treatment center in West Springfield, MA.
Address: 900 Memorial Avenue, West Springfield, MA 01089
Phone: 833-505-4673 or 413-788-0100
Website and online chat: <https://www.cleanslatecenters.com/west-springfield-ma>

Gandara Center

Substance use and recovery programs in Western Massachusetts.

- **Gandara Addiction Recovery Program (GARP)**
Long-term residential recovery treatment program for Spanish speaking men (18 years of age or older) in Springfield, MA.
Address: Springfield, MA
Phone: 413-781-2234
Website: <https://www.gandaracenter.org/gandara-addiction-recovery-program>

- **Gandara Avanzando Enhanced Residential Rehabilitation**
Residential rehabilitation for women (18 years of age or older) experiencing mental illness and substance use disorders.
Address: Ludlow, MA
Phone: 413-266-4093
Website: <https://www.gandaracenter.org/avanzando-enhanced-rehabilitation>
- **Gandara Center Cornerstone Recovery Program for Young Women**
Residential treatment and recovery program for young women ages 18-25.
Address: Ware, MA
Phone: 413-758-4050
Website: <https://www.gandaracenter.org/cornerstone-recovery-program>
- **Gandara Center Esperanza Women's Transitional Support Services**
Short-term residential program for women (18 years of age or older) needing further stabilization and intensive case management after detox.
Address: Westfield, MA
Phone: 413-729-4250
Website: <https://www.gandaracenter.org/esperanza-womens-tss>
- **Gandara Outpatient Behavioral Health Clinics**
Outpatient clinics offering a broad array of bilingual and bicultural clinical and addiction services for adults, families, children and adolescents. Walk-ins welcome!
Address: 2155 Main Street, Springfield, MA and 299 Carew Street, Suite 135, Springfield, MA
Phone: 413-736-0395
Website: <https://www.gandaracenter.org/outpatient-clinic>
- **Gandara Peer Recovery Support Centers**
Recovery support centers welcome all people in recovery from substance use and those affected by substance use.
 - **Valor Recovery Center**
Address: 383 Worthington Street, Springfield, MA 01105
Phone: 413-507-3635
Website: <https://www.gandaracenter.org/valor-springfield-recovery-center>
 - **Hope for Holyoke**
Address: 100 Suffolk Street, Holyoke, MA 01040
Phone: 413-561-1020
Website: <https://www.gandaracenter.org/hopeforholyoke>
- **Gandara's Recovery Coaching**
People who identify as being in recovery and who wish to work on their recovery are eligible for Recovery Coaching.
Address: 18 Gaucher Street, Springfield, MA 01109
Phone: 413-930-4060 or 413-736-0395, extension 2219
Website: <https://www.gandaracenter.org/recovery-coaching>
- **Gandara Residential Services for Women (GRSW)**
Long-term residential recovery program for women (18 years of age or older) with substance use and co-occurring mental health disorders in Holyoke, MA.
Address: Holyoke, MA
Phone: 413-540-9881
Website: <https://www.gandaracenter.org/gandara-residential-services-women>
- **Hairston House**
Residential recovery program for men (18 years of age or older) in Northampton, MA.
Address: Northampton, MA
Phone: 413-585-8390
Website: <https://www.gandaracenter.org/hairston-house>

Health Care Resource Center (HCRC)

Outpatient opioid addiction treatment programs in Chicopee, Northampton and Westfield, MA.

- Address: 628 Center Street, Chicopee, MA 01013
Phone: 413-749-9150 (24/7)
Website: <https://www.hcrcenters.com/health-care-resource-centers-chicopee/>
- Address: 441 Pleasant Street, Northampton, MA 01060
Phone: 413-603-1930 (24/7)
Website: <https://www.hcrcenters.com/health-care-resource-centers-northampton/>
- Address: 130 Southampton Road, Suite 4, Westfield, MA 01085
Phone: 413-603-1934 (24/7)
Website: <https://www.hcrcenters.com/health-care-resource-centers-westfield/>

Hogar Crea International-Mass

Outpatient alcohol and drug treatment program in Springfield, MA.

Address: 275 Chestnut Street, Springfield, MA 01104

Phone: 413-734-5492

Website: <https://www.rehab.com/hogar-crea-international-springfield>

MiraVista Behavioral Health Center

Outpatient substance use recovery programs and inpatient psychiatric treatment in Holyoke, MA.

1233 Main Street, Holyoke, MA 01040

413-701-2600; Email: info@miravistabhc.care

Website: <https://www.miravistabhc.care/>

Narcotics Anonymous (NA) Meetings

<https://www.narcotics.com/na-meetings/massachusetts/springfield-massachusetts/>

Springfield Comprehensive Treatment Center

Outpatient medication assisted treatment center for opioid use disorders in Springfield, MA.

Address: 511 East Columbus Ave, Springfield, MA 01105

Phone: 833-733-0604 (24/7 appointment scheduling)

Website: <https://www.springfieldctc.com/>

Substance Abuse & Mental Health Services Administration (SAMHSA)

SAMHSA is an agency within the U.S. Department of Health and Human Services (HHS) that leads public health efforts to advance the behavioral health of the nation and to improve the lives of individuals living with mental and substance use disorders, and their families. Find helpful resources on alcohol use and misuse prevention and treatment and recovery support services that you can use to support those who may be struggling.

<https://www.samhsa.gov/substance-use/learn/alcohol>

<https://www.samhsa.gov/substance-use/learn/prescriptions-opioids>