



HEART OF A MAN: RESOURCE GUIDE

Heart of a Man is a virtual series engaging men in dialogue on topics of identity, gender stereotypes, interpersonal violence, race, politics, and social justice. This is a resource guide that provides more information on men's role in ending gender-based violence, the topics covered in the series, and ways for campus men to get involved.

MEN'S ROLE IN ENDING GENDER BASED VIOLENCE

Sexual assault, dating violence, domestic violence and stalking are widespread issues that impact all communities. Men play a critical role as leaders ending these forms of violence, as both allies and survivors themselves. Here are links for more information:

Futures Without Violence: <https://www.futureswithoutviolence.org/>

Futures Without Violence is a health and social justice nonprofit with a simple mission: to heal those among us who are traumatized by violence today – and to create healthy families and communities free of violence tomorrow.

Men Can Stop Rape: <https://mcsr.org/>

To mobilize men to use their strength for creating cultures free from violence, especially men's violence against women.

STCC CAMPUS RESOURCES

STCC - YWCA Campus Advocate: Free and confidential advocacy and counselling for STCC students, faculty and staff affected by sexual assault, dating/domestic violence and stalking. Contact: Sarah 413-319-2362 or advocate@stcc.edu

YWCA 24-Hour Hotline: 413-733-7100; Espanol: 800-223-5001

STCC Domestic Violence, Sexual Assault and Stalking Resources Website:
<https://www.stcc.edu/resources/personal-support/domestic-violence/>

GET INVOLVED

1) Spread the Word about the Series

This series is a collaboration of the Office of Multicultural Affairs and #STCCWeCan, help us spread the word and reach more viewers:

<https://www.stcc.edu/campus-life/diversity/heart-of-a-man/>

2) Support the Heart to Heart Focus Group

The Heart to Heart Focus Group is an initiative seeking to strategically engage male students of color in holistic support for retention, while also developing a shared commitment to ending gender-based violence. We are actively recruiting STCC students who identify as men of color to participate in the Heart to Heart Focus Group this Spring 2021. Students will be paid for their participation in 8 virtual meetings over the course of the semester. The focus group will identify themes to share back with the greater STCC community in order to inform College efforts targeted at improving retention and graduation rates for Black and Latinx male students.

To get involved, please contact Vonetta Lightfoot at vmightfoot@stcc.edu

3) Join the Prevention Committee

We are actively seeking students, faculty and staff to join the Prevention Committee of the STCC Coordinated Community Response Team (CCRT). The Prevention Committee helps to develop and carry out ongoing culturally relevant programming for the entire campus community focused on the prevention of sexual assault, dating/domestic violence and stalking. **To get**

involved, please contact Cindy Breunig at cbreunig@stcc.edu

4) Participate in #STCCWeCan Sexual Assault Awareness Month Activities

#STCCWeCan is an initiative of the Prevention Committee that seeks to engage the campus community in the shared work of preventing sexual and relationship violence. Each year, #STCCWeCan offers events for Sexual Assault Awareness Month in April. **To receive**

information on upcoming #STCCWeCan events, contact cbreunig@stcc.edu

CONTACT INFORMATION

If you are interested in learning more about ways to support the Heart of a Man Series, please contact us using the information below:

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#STCCWeCan...
Be the Change



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