



W.I.T.S. –Personal Trainer Certification Course FAQ's 6/27/17

Who will I be certified through?

After successfully passing the exams, you will be certified through the World Instructor Training School (W.I.T.S.), a higher learning leader in the fitness industry.

Is there a test given or is this a prep class?

Our national test dates run throughout the country in synchronized scheduling with our CPT courses. **A TEST VOUCHER is included with the course.** You will become a Certified Personal Trainer Level 1 and be able to work right away after successfully passing the written and practical exams and providing proof of CPR/AED.

Level 2 Certified Personal Trainer is available as a bonus for no extra cost with the completion of the 30 hour employer internship.

Is W.I.T.S. an accredited organization?

W.I.T.S. is approved and accredited by many higher learning institutions out of Washington, DC. Some of the organizations include the International Association of Continuing Education and Training (IACET), the American Occupational Therapy Association (AOTA), and the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB). This certification is recommended for 3 undergraduate credits by the American Council on Education (ACE).

Is a text book required?

Yes, we require a fantastic resource called the *Fitness Professionals Handbook 7th Ed.* You should order it in advance from Amazon Books or from www.witsexducation.com for \$106.97 and get started on reading the required chapters. E Book also available for \$53.00.

When is proof of CPR/AED due?

The CPR/AED can be completed anytime before or during the course. This is required to sit for the exams.

Is there an internship provided?

Yes. We send our students who are now Level 1 CPT's a courtesy list of pre-approved employer facilities that are excited to get you in their clubs as fresh new trainers. Ultimately, it is the student's responsibility to contact and complete the internship. As a bonus you will receive the Level 2 Certified Personal Trainer at no additional cost once you provide W.I.T.S. with documentation that you have completed the internship.

How long is my certification good for?

Your certification is valid for 2-years with a renewal process that is described on our website. Every reputable certification in the health occupation industry requires continuing education. The certification requires 20 CEC's every 2 years to renew. Alumni from W.I.T.S. get monthly FREE webinars on hot health and fitness topics that count as 1 FREE CEC. The main goal is to stay up to date and safe for your clients.

Is there job placement?

A majority of the students get hired directly from their internship sites. W.I.T.S. provides a list of available sites locally to approach as a bonus. We do not directly assist in securing the job, but the demand is high and the national pay is \$30 an hour! W.I.T.S. receives monthly requests from health clubs like LA Fitness, 24 Hours Fitness, Equinox & thousands others that are confirmed internship sites!! This networking with local employers is a unique service provided only by W.I.T.S.

What happens if I don't pass?

W.I.T.S. allows students 2 chances to retest within 12 months of the original test date. We offer 5-national retest dates to help you successfully pass the exams and achieve your goals. There is a discounted \$75 fee per exam (normally \$350).